

An Expert Talk in
SKILL AND PERSONALITY DEVELOPMENT
PROGRAMME CENTRE FOR SC/ST STUDENTS on
“CHANGING DYNAMICS OF PERSONALITY DEVELOPMENT”
30th April, 2018

Skill and Personality Development Programme Centre for SC/ST Students (SPDP) sponsored by AICTE arranged an expert lecture for engineering students on **Changing Dynamics of Personality Development** at Dasari Auditorium, SVEC on 30th April, 2018.

In this connection, **Dr. K. V. Raghupathy, Senior Assistant Professor, Department of English, Central University of Tamil Nadu, Tiruvarur** delivered an exhilarating talk on freedom for enhancing personality, and change - the law of life. In the course of his talk he elicited that Man can be defined in 7 dimensions: Physical, Vital, Energy, Mental, Intellectual, Aesthetic and Spiritual. Dr. Raghupathy emphasized that starting from Physical to Spiritual of 7 dimensions of a man is a journey from Involution to Evolution.

The speaker differentiated between Brain and Mind, spoke about the importance of physical work and also differentiated between emotions (reactive in nature) and feelings (sensitive response). All these were explained to drive home the point that the students should channelize the emotions and not to dissipate energy in unnecessary things and conserve energy to progress in their education, career and for the development of the society as a whole.

Towards at the end of the session, Dr. Raghupathy suggested that the ultimate goal of all life is to live happily. He requested the participants to never forget this maxim in their life.



Resource Person delivering the lecture



Students listening to the lecture



Felicitation of the Resource Person